



A HEBREWS 10:5-10
BODY
YOU HAVE
PREPARED
FOR ME



THE ALL-SUFFICIENT SACRIFICE OF CHRIST

It Was Offered By God

- ❖ *“a body YOU have prepared for Me...To do YOUR will, O God” (Hebrews 10:5, 7).*
- ❖ All belongs to God. He needs nothing from us. – Psalm 50:7-15
- ❖ What can we offer Him? – Micah 6:6-8
- ❖ God had to offer because we had nothing to offer – Romans 5:6-8; Genesis 22:7-8, 14



THE ALL-SUFFICIENT SACRIFICE OF CHRIST

It Was a Free-Will Offering of a Pure Human Victim

- ❖ *“Then I said, ‘Behold, I have come...’* (**Hebrews 10:7**) – He came willingly.
- ❖ *“a body you have prepared for Me”* (**Hebrews 10:6**) – He entered a body subject to temptation.
- ❖ *“To do your will, O God”* (**Hebrews 10:7**) – He came for the sole purpose of doing God’s will, and never failed.

THE RECIPROCAL LIVING SACRIFICE

Our Spiritual Service

- ❖ **Romans 12:1-2** – the service God desires of us is our bodies as a living sacrifice.



THE RECIPROCAL LIVING SACRIFICE

**“A Body You Have Prepared For
Me”/“My Ears You Have Opened”**

❖ **Psalm 40**

- ❖ **(vv. 1-5)** – Great deliverance by God.
- ❖ **(v. 6ac)** – God’s ultimate desire for man is not sacrifice of animals.



THE RECIPROCAL LIVING SACRIFICE

**“A Body You Have Prepared For
Me”/“My Ears You Have Opened”**

❖ **Psalm 40**

- ❖ **(v. 6b)** – God gave man ears to listen and obey His word **(cf. Isaiah 50:4-5; 1 Samuel 15:22)**.
- ❖ **(vv. 7-8)** – God wants us to listen to His word and obey.



THE RECIPROCAL LIVING SACRIFICE

**“A Body You Have Prepared For
Me”/“My Ears You Have Opened”**

- ❖ Our bodies belong to God for His glory –
1 Corinthians 6:20
- ❖ We must present our bodies as
instruments of righteousness to God –
Romans 6:12-13





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