



Modesty OF
THE
TRANSFORMED

A person wearing a blue ribbed sweater is holding a book with a red cover. The person's arm and hand are visible, holding the book against their side.

A Biblical Foundation

*Inward Renewal Results in
Outward Transformation*

The Living Sacrifice (Rom. 12:1-2)

- Spiritual service involves our bodies – Romans 6:12-13; 8:11; 1 Corinthians 6:13, 19-20
- Bodies presented in acceptable spiritual service is dependent on inward renewal.
- Not merely outward, not merely inward.

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A person wearing a blue ribbed sweater is holding a book with a red cover. The book is open, and the pages are visible. The person's hand is resting on the bottom edge of the book.

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*Inward Renewal Results in
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Modesty Begins in the Heart, but Finds Outward Expression

- Instruction in context considers outward expression congruent with inward substance – **1 Timothy 2:8-10**

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- Modesty – *kosmios* – 2:9; 3:2 – inward finding expression in outward.
- Propriety (“modestly,” v. 9, NASB) – *aidōs* – “shamefastness” (ASV) – “modesty which is ‘fast’ or rooted in the character” (VINE) – finds expression in modest apparel (outward).

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- **Phil. 1:9-11; 1 Thess. 1:2, 8; 2:13-14** – inward translating to outward.
- **Modesty is the well-ordering of life rooted in the inward man renewed by God's will and expressing itself in outer conduct which conforms to God's will, including the apparel of the body.**

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The Modest Heart and its Effects

The Pursuit of God's Favor

1 Timothy 2:9-10; 1 Peter 3:1-6

The Pursuit of Man's Interests

Romans 13:8, 10; Phil. 2:3-4;
1 Thessalonians 4:3-8

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A person wearing a blue ribbed sweater is holding a book with a red cover. The background is a solid grey color.

The Standard of Modest Apparel

Is an objective biblical pattern for modest apparel a necessary reality?

- No order without a standard – Adorn (*kosmeō*), Modest (*kosmios*), *Kosmos* (root)
- Godliness – requires a standard – **1 Timothy 2:10; 3:16; 4:6-8**
- Not a matter of culture – counter cultural.

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The Standard of Modest Apparel

The Covering of Nakedness is Necessarily Implied in the Instruction for Modest Apparel

- Clothing for covering nakedness – **Genesis 2:25; 3:7, 10**
- Nakedness not restricted to full nudity – **James 2:25; John 21:7**
- “*propriety*” – “a sense of shame, modesty,” (VINE) – shame in nakedness (**Genesis 2:25; 3:10; Nahum 3:5; Revelation 16:15**)

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The Standard of Modest Apparel

Nakedness defined = modest apparel defined

- Uncovered thigh – Exodus 28:42-43; Isaiah 47:2-3
- Uncovered buttocks – Isaiah 20:3-4
- Uncovered from shoulder to knee – Genesis 3:10, 21 – *kuttoneth* – “generally with sleeves, coming down to the knees, rarely to the ankles” (Gesenius’ Hebrew-Chaldee Lexicon) (Note: same for man & woman)

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The Standard of Modest Apparel

Modest Apparel, Human Sexuality, and Marriage

- Modesty honors marriage – **Heb. 13:4**
- Body's sexuality, including revealed nakedness, reserved for marriage – **1 Corinthians 7:2-4; Proverbs 5:15-20; Matthew 5:27-28; Proverbs 7:10; Isaiah 3:16, 18-23; Genesis 2:25; 3:7, 10**
- Modesty secures sexual purity by covering nakedness.

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The Standard of Modest Apparel

Modest Apparel, Human Sexuality, and Marriage

- Are we dressing with propriety (*character*) and moderation (*wisdom*)?
- Dressing modestly requires sound judgment (**cf. Philippians 1:9-11**) – does my apparel reveal nakedness (at any time), accentuate nakedness, incite lust?

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